

# TOWNSEND JUNIOR HIGH SCHOOL ELECTIVES

**2025**

## **ELECTIVE WHEEL**

Townsend offers an array of electives. Students may be part of an elective wheel, which gives students the opportunity to experience three different electives throughout the year. Students will have a new elective each trimester.

Townsend also offers year long electives that students may take. Some of these electives require an interview or some prerequisite. The year long electives include: AVID, Leadership, BioMed, Choir and Band.

## **YEARLONG ELECTIVES**

## **AVID**

AVID is a year long elective that students apply and interview for the previous year. AVID is for both seventh and eighth grade students. In this elective students learn study skills and organization skills aimed at helping them to succeed academically and prepare them for college. Throughout the year the students may go on various field trips, attend a leadership conference and do weekly critical thinking and group building activities. This elective is geared for self motivated students who want to excel in school.

Study Skills provides students instruction on how to study, how to become effective test takers, and acquire good study habits. They will learn techniques in taking notes, working independently, managing time, and studying. Students will develop skills in finding answers to problems, reading for meaning, and taking tests. The major emphasis of this course is to teach the student to fulfill his/her obligation for class assignments and develop effective study habits.

## **STUDY SKILLS**

## **INTERVENTION STUDY SKILLS**

Intervention Study Skills is specifically designed for our eighth graders who may need extra assistance with organization, note-taking, self-monitoring, self-starting and other critical areas for academic and social success. We will be utilizing strategies such as peer tutors, weekly binder checks, daily agenda checks and a reward system to encourage independent learning.

## ART

Art introduces students to the elements and principles of art in a creative and nurturing environment. Students learn the skills requisite to express themselves visually through line, shape, space, texture, color, value, and form. As the trimester progresses, the student artists blend these elements into the principles of art, creating works with contrast, movement, balance, unity, rhythm, pattern, and emphasis. Drawing, painting, clay, pastels, collage and other media are explored. Students learn about many great artists, eras, and movements, and, of course, create their own art along the way.

Leadership teaches students to conduct democratic elections, to work toward strengthening public relations, to aid in carrying out school functions, and to recognize that the student's main function is one of service to the school and its various organizations and activities.

## LEADERSHIP

## CHOIR

Choir is a place for any student who love to sing and who like to expand their musicianship. Students in choir learn how to use their vocal instrument properly, and learn how to read music. In addition, students sing pieces from a huge variety of choral genres, including but not limited to pop, classical, jazz, holiday, secular, spiritual, international, and patriotic genres. Choir performs in the district festivals and with the Chino Hills High School Choir.

In the Beginning Band and Advanced Band, students will perform a repertoire of musical styles on an instrument with expression, tone quality and articulation individually and in group settings. This may include compositions in double, triple, mixed and compound meters. Students will understand how music influences the various cultures of our society. Students will be required to participate in all performances. Instruments being offered include: flute, clarinet, saxophone, trumpet, horn, trombone, baritone, tuba, and percussion. In the Percussion Ensemble course, the students will read, write, and perform rhythmic notation in duple, triple, compound, and mixed meters.

## BAND

## 3-D PRINTING

Intro to Computer Science and Technology would give students the foundation to explore a multitude of technical skills including coding, game design, digital design, computer aided drafting (CAD), creating 3D digital models and building objects in the workshop based on models developed using auto CAD. Students will gain an understanding of the different components which comprise of digital citizenship as well the in-depth knowledge of the legal issues surrounding copyright, plagiarism, cyberbullying, and cyber safety.

In Digital Design, students will learn the basic elements of digital and yearbook design, including layout, color schemes, typography, and visual hierarchy. They will work collaboratively with classmates to publish the yearbook. Students will learn the fundamentals of operating a camera and taking high-quality photos as well as editing and enhancing photos using basic photo editing software and the basic components of video production and editing. This course will give students the opportunity to develop script-writing and storytelling skills through photography, videography and digital branding as well as develop marketing strategies and create advertisements for promoting events on campus as well as yearbook sales.


## DIGITAL DESIGN





## **HEALTH & FITNESS**


Health and fitness education teaches students, as individuals and as members of society, to make informed decisions, modify behaviors, and change social conditions in ways that are health enhancing and increase health literacy. The focus in the health and fitness education standards is on teaching the skills that enable students to make healthy choices and avoid high-risk behaviors. Students will use the knowledge gained in this course to design their own fitness program and will implement their individualized program during this course.



Principles of Biomedical Science presents an introduction to the biomedical sciences with emphasis on careers, health and nutrition, and physiology of the human body. This course provides an introduction to the biomedical sciences through exciting "hands-on" projects and problems.

## **PRINCIPLES OF BIOMEDICAL SCIENCE**

## **LIFE ESSENTIALS**



Life Essentials is a blended course for students to broaden their understanding of taking care of basic life skills and personal life skills. Topics included: planning and preparing nutritious meals, developing personal & social awareness, and developing habits of success (goal setting, effective communication skills, and conflict resolution skills).